

The Bee Line

Volume 16
Number 9

Newsletter of the
Oregon State Beekeepers Association

November
1991

Original Oatmeal Baking Company bread features honey

When two dynamic individuals with good ideas, ambition, and lots of heart get together, great things can happen...and that is just how The Original Oatmeal Baking Company came to be.

Doug Burke and Candy Costie met while in training for the 1984 Olympics. Doug was a member of the U.S. Water Polo Team, which won the silver medal. Candy won the gold medal in Synchronized Swimming. Doug and Candy married shortly after the Olympics.

Doug had always enjoyed baking, and he began to refine the hobby after the Summer of 1984. Experimenting with oatmeal, he created a bread that was so good, he and Candy couldn't keep it to themselves. While Doug attended business school at UCLA, Candy baked, and it wasn't long before it became a full time job to supply family and friends with their delicious oatmeal bread.

As the requests for this wholesome bread outgrew what they could produce in their kitchen, the Burkes began to see that there was a real void in the industry. A bread with good nutritional benefits as well as good taste was hard to come by. They also discovered that most consumers didn't even realize bread was an important, healthy food. Doug and Candy knew they could fill that void by introducing a good tasting bread made with wholesome ingredients.

Well out ahead of the health craze for oat bran, they don't make popular claims about their oat-based breads. What they do say about the use of oatmeal in bread is, "Number one: it tastes good. Number two: using oats in the bread helps the bread to retain moisture, so no oil is needed in the recipe. And, oatmeal has more protein than other flours, and it adds variety to the diet."

With a winning recipe, Doug's good business sense, and Candy's graphic design talent, they began baking their Original Oatmeal Baking Company Oat Breads. The breads were first baked in Portland, Oregon, because it was there they found a consistent supply of high quality oats and oat bran. Along with the oats, honey is a major ingredient in the bread. Besides its distinct flavor, Doug and Candy use honey because it locks moisture within the bread and improves the bread's texture.

"We feel that honey is the most natural sweetener—it's just right in our breads," says Doug. Doug

and Candy prefer light amber honey because of its mild flavor and exquisite color. They also use the National Honey Board's Honeybear logo. "We like what the Honeybear logo does for our products. It adds consumer appeal and helps consumers realize the presence of real honey in our products."

Doug and Candy have developed a full line of delicious and nutritious breads, including Wheat, Oats and Honey (Doug's original recipe), Sunflower Millet, Australian Orange Raisin, Oat-Berry Wheatberry, Stone Ground Whole Wheat and Oat, and Vintage Raisin Cinnamon and Oat. These breads are now baked in select regions of the country.



Outsider's view of NHB

by Joann Olstrom

The National Honey Board met in Portland October 27-30, so I took the opportunity to attend Monday and Tuesday. As most readers know, the NHB is the National agency which mandates that we each pay a penny a pound for the honey we produce. The Board of Directors is comprised of men from each of seven producer regions, plus two handlers and two importers, one from a cooperative (Sioux Bee?), and one woman (Melissa Hart) as a member of the public. Each of these folks has an alternate (four are women). In addition, 25 men and four women from around the USA form a nominations committee to nominate members and alternates to replace board members whose terms expire. All terms do not expire at the same time so that there is a continuity in the work. Our Marjie Ehry is a member of the nominating committee and was nominated as alternate to the board.



The board members and alternates direct the projects to be worked on by the staff of the Honey Board, located in Longmont, Colorado. A promotional advertising agency (Evans-Kraft) and a technological-research agency (TJ Payne) are hired to fulfill various projects the board selects by discussion and voting. The paid staff of NHB is composed of Bob Smith (manager), Mary Humann, Tina Tindell, Sherry Jennings, Diego Garcia, Bruce Boynton, and Sheila Young (Ag Marketing Service)—all of whom attended the Portland meeting.

NHB committee reports covered four main areas: 1. Industry Relations, 2. International Market Development, 3. Product Research, and 4. Advertising and Consumer Information. \$2.6 million

is the projected budget for 1992—and that's a lot of pennies!

Each beekeeper who pays in pennies will be able to request 500 consumer recipe brochures, will receive a quarterly newsletter, and may attend (at own expense) any NHB meeting, such as the one just held in Portland. In addition the Honey Board Staff (and board members) would like to hear your comments— whether thank you's for help, requests for information, or Hey, you guys, I wish you wouldn't....

The Board of Directors and NHB staff have set a five year goal for themselves—to promote honey to an increase of sales/us by 40% over present sales/use and to increase the value of honey to a level of 75¢/lb in bulk to processor sales!

For more information of what the NHB is up to, attend the Fall OSBA meeting December 6-7 in Salem.

Special Events in Salem December 6-8

- December 6-8 Salem Christmas Greens Show at Fairgrounds
- December 6-7 Christmas Crafts Fairs
- December 6 Holidays at the Capital
- December 8 Tour of Christmas Past, buses leave from Mission Mill (also good shopping at the Mission Mill shops)

ADVERTISING RATES

Business ads, per issue:	
Business Card Size	\$7.50
Quarter Page	20.00
Half Page	35.00
Full Page	100.00

Classified ads, per 30 words:	
OSBA Member	\$2.00
Non-member	3.00

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Oregon State Beekeepers Association Fall Conference

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SUCCESSFUL BEEKEEPING 1990'S – WHAT WILL IT TAKE

UPDATED SCHEDULE

Regular meetings will be held in the Doug Fir Room in Cascade Square

FRIDAY, December 6th

- 10:30 – 12:30 Tour of the home of Betty Ramsey and her extensive honey pot collection (includes chili and cornbread for \$2 per person)
- 11:00 – 1:00 Registration in Doug Fir Room (displays and coffee in Aspin Room)
- 1:00 – 1:45 **Featured Speaker: Rob Page, UC Davis – “African Bee Update”**
- 1:45 – 3:00 George Ashby – “Candle Making”
- Or...
- 1:45 – 2:30 Dr. Lynn Royce, OSU – “Mite Update Treacheal”
- 2:30 – 3:00 Mike Nolan, US Department of Transportation – “Trucking Laws and You”
- 3:00 – 3:15 **Break – Aspin Room**
- 3:15 – 3:45 Dr. Jim Redmond – “Attitudes for Success”
- 3:45 – 4:30 Ira Powers, Parma, Idaho – “Keys to Successful Beekeeping in the 1990's”
- 4:30 Announcements
- 5:00 – 7:30 **Dinner on Your Own**
- 7:30 Hospitality Room – Room 333

SATURDAY, December 7th

- 8:00 Registration and Coffee
- 8:00 – 8:15 Welcome and Announcements
- 8:15 – 9:00 Dr. Rob Page – “Breeding for Pollen Production”
- 9:00 – 9:30 National 4-H Award Winning Essayist Jennifer Bittle, Dallas
- 9:30 – 10:00 Mike Ingalls, National Honey Board, Sultan, Washington
- 10:00 – 10:45 **Omelettes on Us! by OSU Extension Agent Jim Hermes**
- 10:00 – 3:00 **Silent Auction**
- 10:45 – 11:15 George Ashby, Washington – “You Can Produce Pollen”
- 11:15 – 11:30 Marge Davenport, Tigard – Introducing the New Honey Cookbook
- 11:30 – 12:00 Paulette Pyle, Oregon Lands Coalition – “AG-PAC”
- 12:00 - 1:30 **Research Luncheon in the Spruce Room: Dr. Michael Burgett, OSU**
- 1:30 – 2:15 Panel – “Successful Beekeeping”
- 2:30 – 3:00 Surprise Session – “Bee Prepared”
- 3:00 – 3:30 **Break – Aspin Room**
- 3:30 – 5:30 Business Meeting (written reports from local associations and committees)
- 6:30 – 7:00 No Host Bar
- 7:00 – 8:00 Banquet
- 8:00 Leslie Kuenzi – Special Entertainment, followed by Annual Oral Auction

Check page two for interesting events in Salem on this weekend.

Bee Plants in the Garden

Pollens

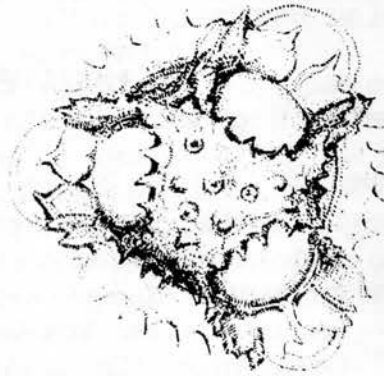
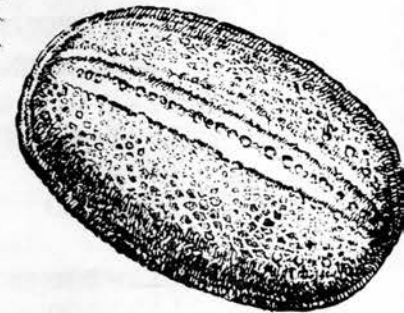
by B.A. Stringer

Honey bees obtain most of their protein and mineral requirements from pollen. In the process of visiting flowers, bees transfer pollen grains to other individual flowers of the same species, ensuring cross-pollination. Freshly gathered pollen from early plants such as crocus and willow appears to stimulate queen egg-laying in the spring even more than the stored pollen does.

Many plants are designed specifically to attract insects for the purpose of pollen transfer and propagation of the plant. Sweet nectar also draws bees to the vicinity of flower anthers. Plants depending on insects for pollination are collectively called entomophilous, or insect-loving, plants (entomo = insect) and generally produce a relatively high quality pollen. Examples of entomophilous plants with excellent pollen include horse chestnut, heath, poppy, crocus and mustards. Poppy and hollyhock pollens seem to be exceptionally attractive to honey bees, for some reason. It is not unusual to see three or four bees in a single flower, revelling in the abundant pollen. Dandelions produce good quality golden pollen early, and high-sugar nectar as well, making the flowers very attractive to bees whenever weather permits flight.

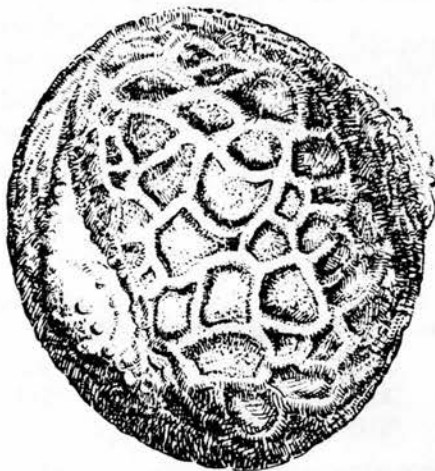
Honey bees will also collect pollen from plants which depend primarily on the wind for pollen transfer. These are called anemophilous, or wind-loving, plants (anemo = wind). Anemophilous plants tend to produce lower quality pollen, and vastly

titles of comparatively poor pollen, which is collected by bees despite its quality. Beekeepers have reported good brooking-up of bees, but subsequent failure to build up bee numbers, after the early anemophilous pollen flows.

DANDELION *Taraxacum officinale*SAINFOIN *Onobrychis viciifolia*

Pollen protein content varies from about 10% to 30%, offering different nutritional rewards to the insect gatherers. Bees will collect available pollen regardless of its nutritional value, even bringing in the very poor quality fir, pine and cedar pollens. In early spring, they collect almost anything of powdery consistency, and may be seen loading their corbiculae with sawdust or flour. Later in the year when most floral bloom diminishes, bees may collect pollen from corn and other grasses.

There is an excellent book on pollen for those beekeepers who follow the bee forage year. It was written by Dorothy Hodges, an English artist and beekeeper, who catalogued the colours and grain shapes of pollen types in her area. *The Pollen Loads of the Honey bee* is a readable and practical book, with water-colour charts of pollens taken from the flower anthers and from the bee's corbiculae. There are often significant differences in colour between the two. Published by IBRA, this book should be available from bee supply outlets or a specialty bookseller such as BES/Wicwas Press.

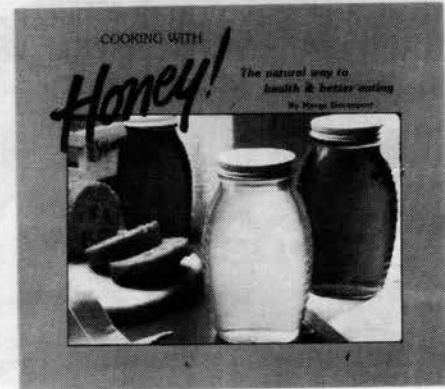
CRIMSON CLOVER *Trifolium incarnatum*

more of it. Willow pollen supplies excellent nutrition early in the beekeeping year, and elm pollen is good also. However, some of the early blooming trees such as alder, poplar and hazels, produce copious quan-

B.A. Stringer is co-author of *Nectar and Pollen Plants of Oregon and the Pacific Northwest*, an illustrated dictionary of northwest bee plants. It is available from Honeystone Press, PO Box 511, Blodgett, OR 97326, for \$11.95 postpaid.

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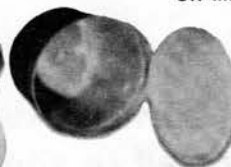


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One of the highlights of the Convention is our annual silent and oral auctions. These two events help with the Association's financial needs during the year.

Each year the auction has been bigger and better, with your help.

Bill Rufener is this year's auction chairman. Bill asks that all of you to bring all those "great money-makin' items" along on the 6th and 7th of December. If there are any questions Bill can be reached at 324-2571.

December 15th Bee & Honey Survey

The Oregon Agriculture Statistics Service will be conducting its annual Bee and Honey Survey during the last two weeks of December. A sample of 240 producers will receive questionnaires in the mail around December 14th, asking them to report their number of colonies, amount of honey produced last year, current honey stocks, and prices received for honey sold last year.

Every report is important regardless of the size of the operation because each represents around four other producers. All information collected is kept confidential and combined together into one total for Oregon. Results of the survey will be published on February 12, 1992. For additional information you may contact Paul Williamson, State Statistician, at 1-800-338-2157.

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5-11

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15-12

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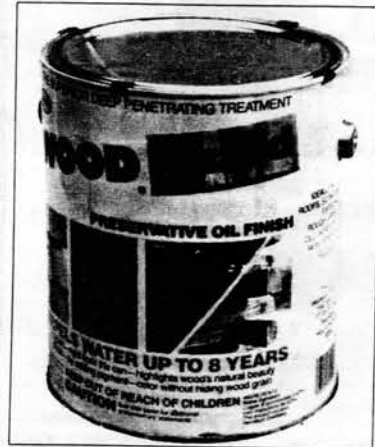


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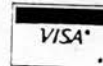
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ATTENTION

Local Associations, Regional Representatives and Committee Chairs

In order that our business meeting at the Annual Convention move along in a timely fashion I am asking that you prepare a written report to be included in our convention packet; this need not be long. Also, if you have any resolutions to be brought to our attention we would appreciate them along with your report, by December 1. Mail your report to Marjie Ehry, 19500 N. Hwy 99W, Dundee, OR 97115.

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Membership in the Oregon State Beekeepers Association is open to anyone who has an interest in bees and beekeeping. You do not need to own bees or reside in Oregon to join.

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Oregon State Beekeepers Association

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